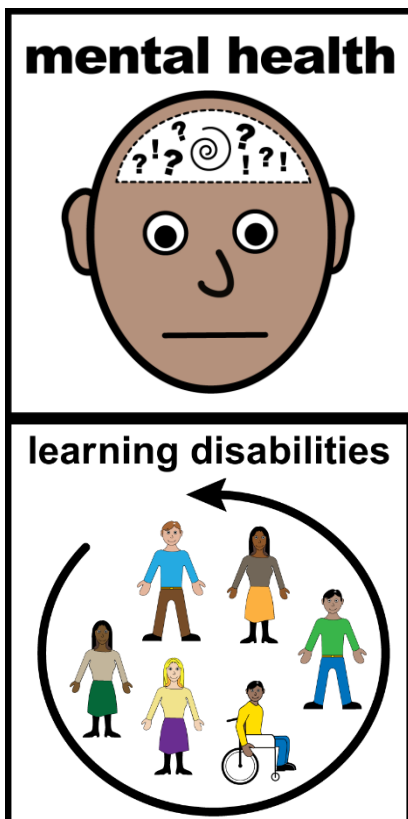


What is Specialist Community Residential Rehabilitation?

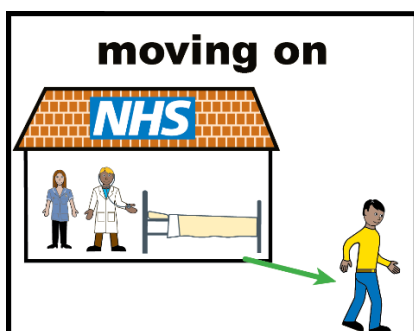


Blyth Star Enterprises is a charity. We support people with disabilities to live how and where they choose with help from our Living Support services.

One of our Living Support services is called *Specialist Community Residential Rehabilitation*.



Specialist Community Residential Rehabilitation is a service for people with mental health needs and learning disabilities.

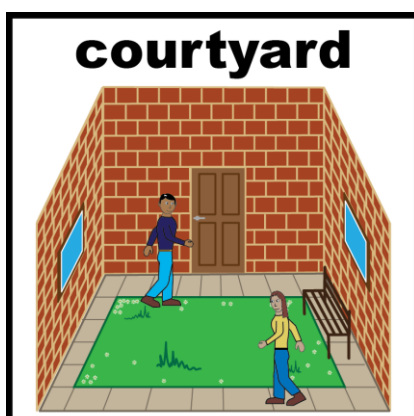


Specialist Community Residential Rehabilitation helps people who have been in hospital for a long time to move on to supported living.



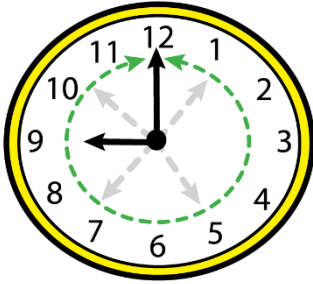
As part of the service, you will be given your own flat to live in.

The flat has a bedroom, a bathroom, a living room and a kitchen.



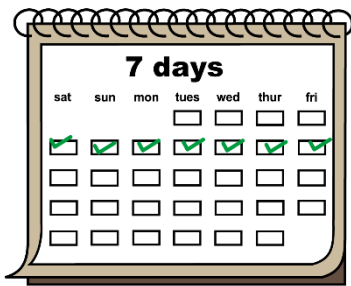
You will share a lounge and outdoor courtyard with other people who live in the building, so you can make friends.

24 hours

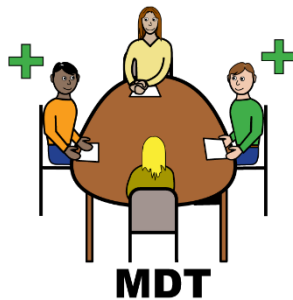


You will have 24 hour support, 7 days a week.

7 days



multi-disciplinary team

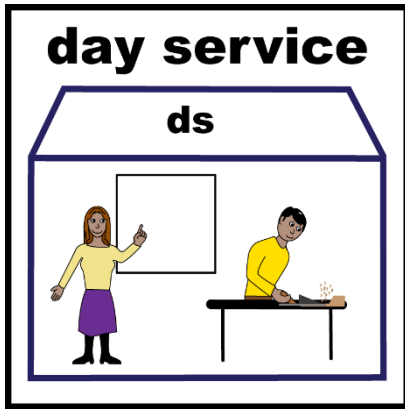


You will have support from a multi-disciplinary team to help you get better.

independent living



You can live in your flat for as long as you need. When you feel better, we will help you to take your next step to independent living.

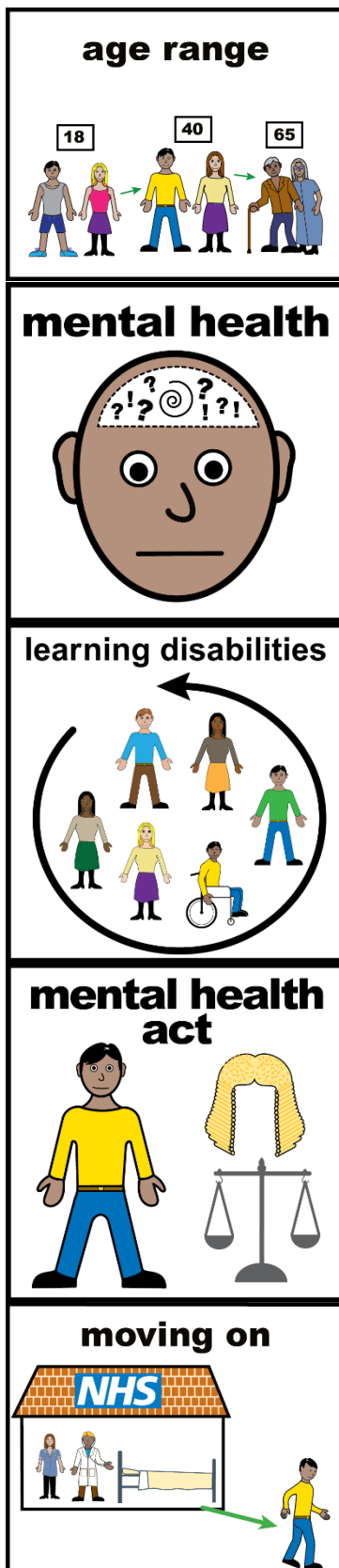


You will be able to go to one of our Day Services for three days a week during your stay.

Day Services are places that you can go for a full day where you can:

- meet new people
- enjoy a meal
- join in with social activities
- learn new skills

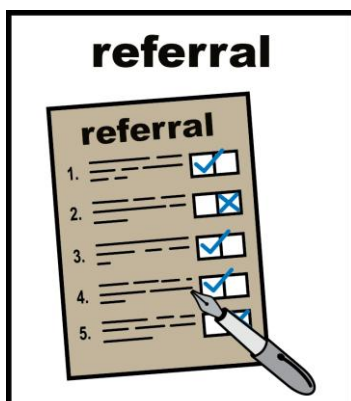
Who can use the Specialist Community Residential Rehabilitation Service?



The Specialist Community Residential Rehabilitation Service is for:

- People aged 18 and over.
- People with complex mental health needs or learning disabilities.
- People restricted under the Mental Health Act.
- People who need extra help to live independently in a community.
- People with complex mental health needs or learning disabilities and have misused alcohol and drugs in the past.
- People who have been in hospital for their mental health and are ready to move on.

How to access the Specialist Community Residential Rehabilitation Service



Our Specialist Community Residential Rehabilitation Service is commissioned by Northumberland County Council.

This means that you would need to be referred to the service by a Care Manager or Social Worker.



If you have a Care Manager or a Social Worker, talk to them, they can help you to access our Living Support services.



If you do not have a Care Manager or Social Worker, but you would like to use our Living Support services, you, or your parent or carer, will need to contact Northumberland County Council's adult social care team. You can do this by telephone or email.

Telephone:
01670 536 400

Email:
onecall@northumberland.gov.uk