

What is Outreach Support?

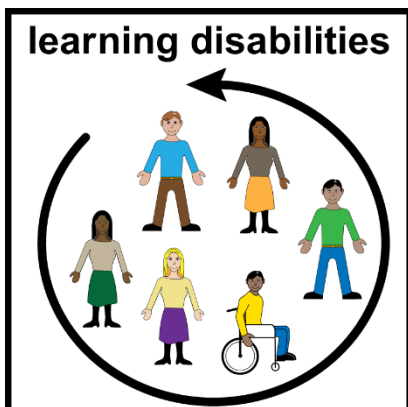


Blyth Star Enterprises is a charity. We support people with disabilities to live how and where they choose with help from our Living Support services.

One of our Living Support services is called *Outreach Support*.



Outreach Support is a service for people with mental health needs and learning disabilities.



live on my own



Outreach Support helps people with disabilities and mental health needs who live in their own home in the community.

support at home



An Outreach Support Worker will come to your house to see you.

They can help you with things at home, to go out, or to do things you like. For example, help to:

- cook a meal.
- go to the shops.
- meet up with friends.

going out with staff



plan



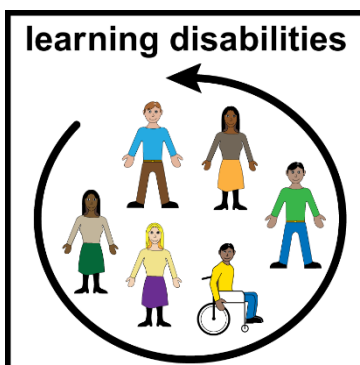
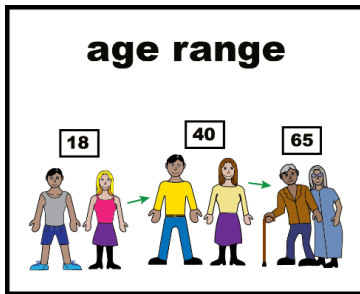
We will work with you and your care team to agree a package of outreach support to help you live as independently as possible.

days a week



We can offer support for a few hours a week, or a few days a week depending on what you need.

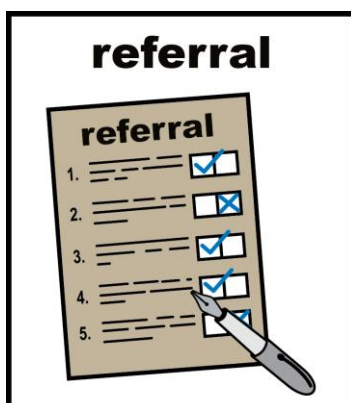
Who can access Outreach Support?



Outreach Support is for:

- People aged 18 and over.
- People with complex mental health needs or learning disabilities.
- People who need extra help to live independently in a community.

How to access Outreach Support



Our Outreach Support Service is commissioned by Northumberland County Council.

This means that you would need to be referred to the service by a Care Manager or Social Worker.



If you have a Care Manager or a Social Worker, talk to them, they can help you to access our Living Support services.



If you do not have a Care Manager or Social Worker, but you would like to use our Living Support services, you, or your parent or carer, will need to contact Northumberland County Council's adult social care team. You can do this by telephone or email.

Telephone:
01670 536 400

Email:
onecall@northumberland.gov.uk